

PELVIC PAIN MANAGEMENT: A WORLDWIDE RIDDLE

Chair: Errico Zupi



Siena, 2-4 December 2024

SCIENTIFIC RATIONALE

Chronic pelvic pain cannot be defined only a symptom but a condition that involves several organs affecting the life of millions of women in an enormous variety of ways.

How to navigate between so many different ways of manifestation is always challenging for a clinician and only a comprehensive understanding of the mechanisms can lead to a problem-solving solution.



Pelvic encompasses an enormous number of definition and most of the time we are not even speaking the same language between colloques making hard to organize a diagnostic pathway that can lead our patient to a better quality of life.

The incoming event intend to gather together specialist on different area of the problem to offer an holistic overview to the audience.

The condition of women affected by "Chronic pelvic Pain" will be exposed from any angle to enable the participant to discriminate between specialties and to drive patients to a solution.

This condition that affects our patients can be approached in many different ways and the presence of eminent colleges from all over the world will give the chance to the participant to compare different approach.

Last but not least, the congress aims to give to any one attending the necessary multidisciplinary competences to approach this world wide riddle.

SCIENTIFIC PROGRAM

Monday, December 2

15.00 - 18.20 Session 1 - The Overview

Pelvic pain encompass several ways of manifestation and is not easy for the clinicians to discriminate and to address general symptoms to a specific disease.

This session should give an overview of the possible causes and mechanisms leading to pelvic pain.

- The Social impact of Pelvic Pain
- Neurological pathway of chronic pain
- The perception of pain: Can the mood play a role?
- Defying chronic pelvic pain: are we speaking the same language?
- Let's go deep in the symptom's description!
- Gynecological causes of chronic pelvic pain
- The role ultrasound in the differential diagnosis
- The add value of MRI: Beyond the pelvis
- Complementary exams to make a diagnose

Tuesday, December 3

09.00 - 13.20 Session 2 - Fibroids and malformation

Uterine fibroids are the most treated pathology in gynecological practice and are related to an enormous variety of symptoms including AUB, pelvic pain and infertility.

Every symptom along with fibroids characteristics design a patient tailored strategy of treatment.

*The session will give an overview on diagnostic tools to help clinicians and a specific pathway from **the medical therapy to surgical option including ablation and radiological techniques.***

- When to suspect fibroids related pain
- What I need to Know from ultrasound on fibroids
- Preoperative assessment of intracavitary myomas
- Intracavitary myomas: When and how to treat them
- Uterine malformation and chronic pelvic pain
- US vs hysteroscopy in uterine malformation
- Abnormal myomas: Symptoms, diagnosis and treatment
- The role of MRI between fibroids and malformations
- Shrinking the myomas: The role medical therapy
- When surgery is needed in managing fibroids related pain
- When and how radiofrequency ablation is an option

14.00 - 17.30 Session 3 - Adenomyosis and endometriosis

Adenomyosis and endometriosis are the new challenge of the modern era as possible cause of pelvic pain. More and more attention on these pathologies arises but scientific knowledge is still lacking.

*The goal of this session is to provide specific tools for **a first line approach to the diseases that can be applicable by any gynecology in his daily practice before referring to endometriosis center.***

- Mechanisms of endometriosis and adenomyosis related pain: What to do
- What to expect from a first level ultrasound in DIE
- Integration of US and MRI in endometriosis and adenomyosis
- How to discriminate between adenomyosis and endometriosis pain
- Pain control by medical therapy: do we have a global strategy?

- The role of surgery in pain control: What to expect
- The effect of IVF therapy on endo disease
- Isolated endometrioma and pelvic pain: Myth or reality
- Endometriosis and IVF: What to do

Wednesday, December 4

09.00 - 13.00 Session 4 - Multidisciplinary

The approach to pelvic pain should be a multidisciplinary pathway and cannot omit transversal competences of gynecologist committed to treat this complex symptom. This session will give a specific view of the possible causes related to pelvic pain that involve other specialties.

*The aim is to provide transversal competences that **allow the clinicians to approach pelvic pain trough an holistic overview.***

- Neurological pain in DIE when to suspect it
- When and how the rheumatologist can help
- Bowel symptoms: When ask for help
- Chronic pelvic pain and mood disorder: What an ObGyn can do alone
- Dyspareunia and Vulvodinia: Better to discriminate
- **Coffee break**
- Physiotherapy: The Pelvic floor can play a role
- Recurrent and interstitial cystitis: diagnostic and therapeutical strategies
- Vaginitis: empirical or diagnostic based approach
- The role of microbiota in the pelvis wellbeing

GENERAL INFORMATION

VENUE

Centro Convegni "Sala Italo Calvino"

Santa Maria della Scala

Piazza del Duomo, 1 - 53100 Siena

E.C.M

The Congress is undergoing accreditation and is intended for the profession:

Physician - Discipline: Gynecology and Obstetrics

Sessions will be in Italian or English at the speaker's choice

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